



Michigan Rural
EMS Network

MENTAL WELLNESS IN EMS

*Workforce Stability and Occupational Stress Among
Urban and Rural EMS Professionals in Michigan
2025*



Needs assessment conducted,
and report prepared, by:
Blue Wall Institute



Commissioned by:
Michigan Rural EMS Network



ACKNOWLEDGMENTS

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Funder

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From the Executive Director

On behalf of the Michigan Rural EMS Network (MiREMS), I extend our sincere appreciation to the Blue Wall Institute for their work in designing, administering, and analyzing this important assessment on mental health, workforce stability, and occupational stress among EMS professionals in Michigan.

Special thanks to Dr. Olivia Johnson, Founder, and Dr. Jorey L. Krawczyn for their expertise, insight, and dedication to elevating the voices of Michigan's EMS workforce through data and research.

We are grateful to the Michigan Health Endowment Fund for their generous support of this project. Their investment in our mental wellness initiative has made it possible for MiREMS and our partners to identify needs, reduce stigma, and advocate for change that supports the well-being of those on the front lines. I would also like to recognize the MiREMS staff and board of directors, and our project partners, for their commitment to this project and to the first responders we serve.

Since 2004, MiREMS has served as a trusted leader in advancing forward-thinking initiatives that drive innovative solutions and create lasting change. Our work is driven by a deep commitment to enhance the well-being of first responders and the sustainability of their agencies, across rural Michigan. We remain dedicated to collaborative efforts with others who share in a passion for our mission.

Most importantly, we extend heartfelt thanks to the 1,153 EMS professionals who completed the survey. Each individual's willingness to share their experiences is a powerful act of courage which shines a light on challenges that often go unspoken, and contributes meaningfully to efforts to improve support across the profession.

Leslie Hall
Michigan Rural EMS Network

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BACKGROUND

Michigan Rural EMS Network, in collaboration with Blue Wall Institute, conducted a needs assessment survey in early 2025 that focused on EMS professionals across the state of Michigan and explored job satisfaction, mental health, occupational stress, and systemic challenges in both urban and rural work environments. With increasing concerns about burnout, exposure to trauma, and mental health stigma in the emergency services field, this research aimed to provide actionable data to inform policies, training programs, and future wellness initiatives.

Primary Objectives

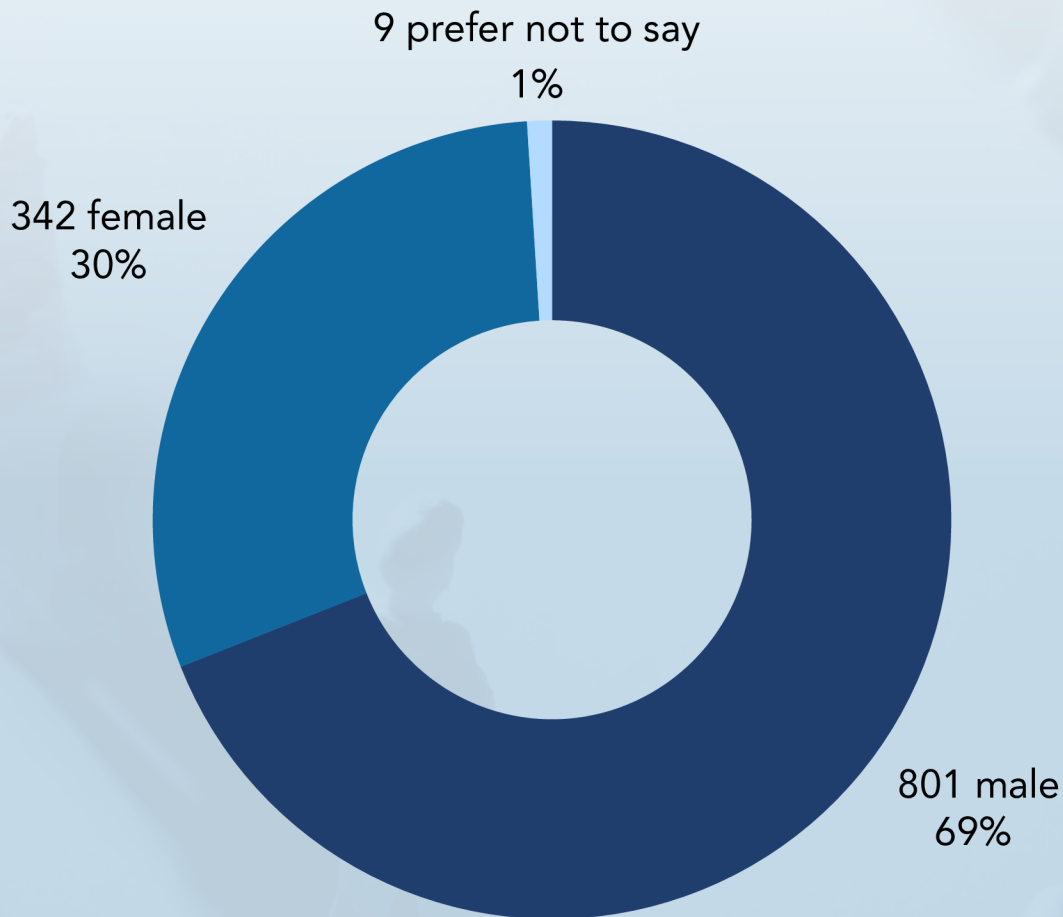
- Assess exposure to trauma and emotional consequences
- Evaluate organizational structures, resources, and mental health access
- Identify risks for burnout and suicide among EMS personnel

Survey Reach and Response Rate

- Total Responses: 1153
- Urban-centric counties: The majority of responses indicated Urban
- The survey did not explicitly collect data on whether EMS agencies were urban or rural. However, by individually reviewing the zip codes provided, it was determined that the majority of responses came from agencies located in urban areas.

DEMOGRAPHICS

Gender:



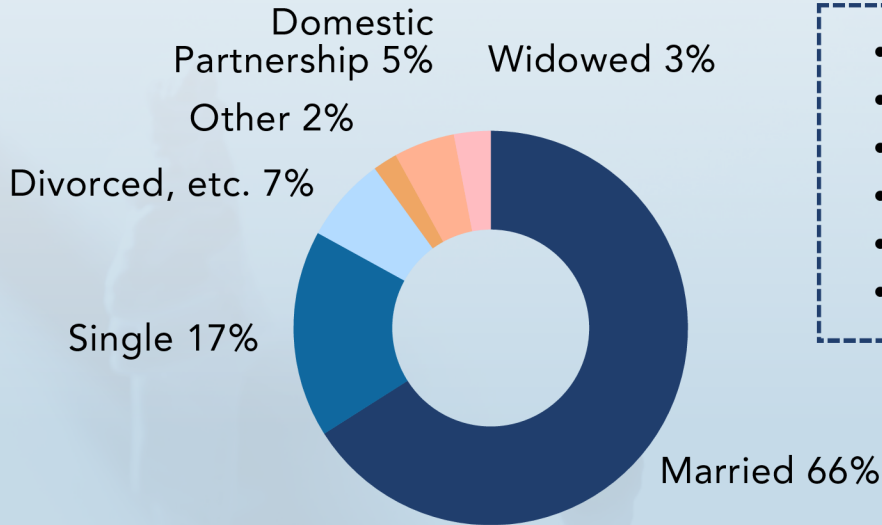
- 801 Male (69%)
- 342 Female (30%)
- 9 Prefer not to say (1%)
- 1 Non-binary (0%)

Age range: Primary concentration between 38 and 55 years
The average age is 48.6 years. The average age of survey respondents is 48.6 years.

To see a full breakdown of ages, see Appendix 1.

DEMOGRAPHICS

Marital Status:



- Married: 66%
- Single: 17%
- Divorced, etc.: 7%
- Domestic Partnership: 5%
- Widowed: 2%
- Other: 3%

Relationship Satisfaction:

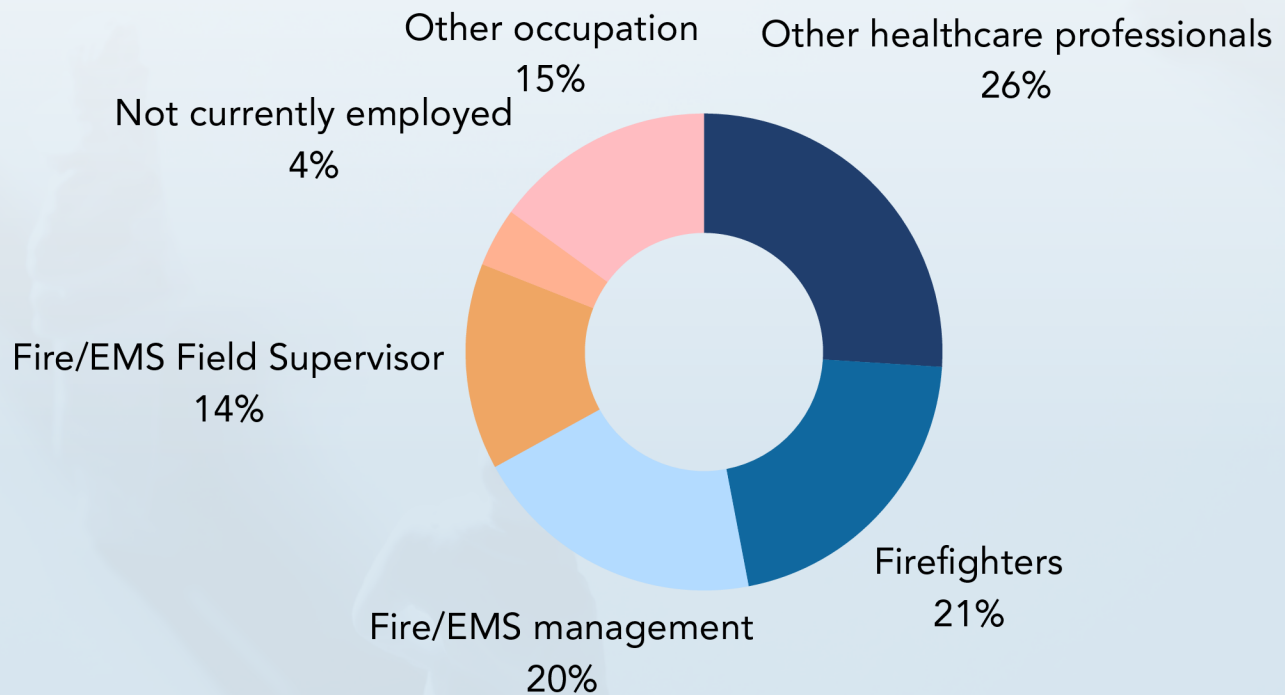
76% Satisfied or Very Satisfied



- Satisfied or Very Satisfied: 76%
- Neutral, Unsatisfied, Very Unsatisfied: 23%

DEMOGRAPHICS

Work Role:



- 26% Other Healthcare Professionals
- 21% Firefighters
- 20% Fire/EMS Management
- 14% Fire/EMS Field Supervisor
- 15% Other Occupation
- 4% Not Currently Employed

URBAN VS. RURAL PROFILE

Urban EMS

Heavily represented by
full-time staff with
consistent agency
resources

VS

Rural EMS

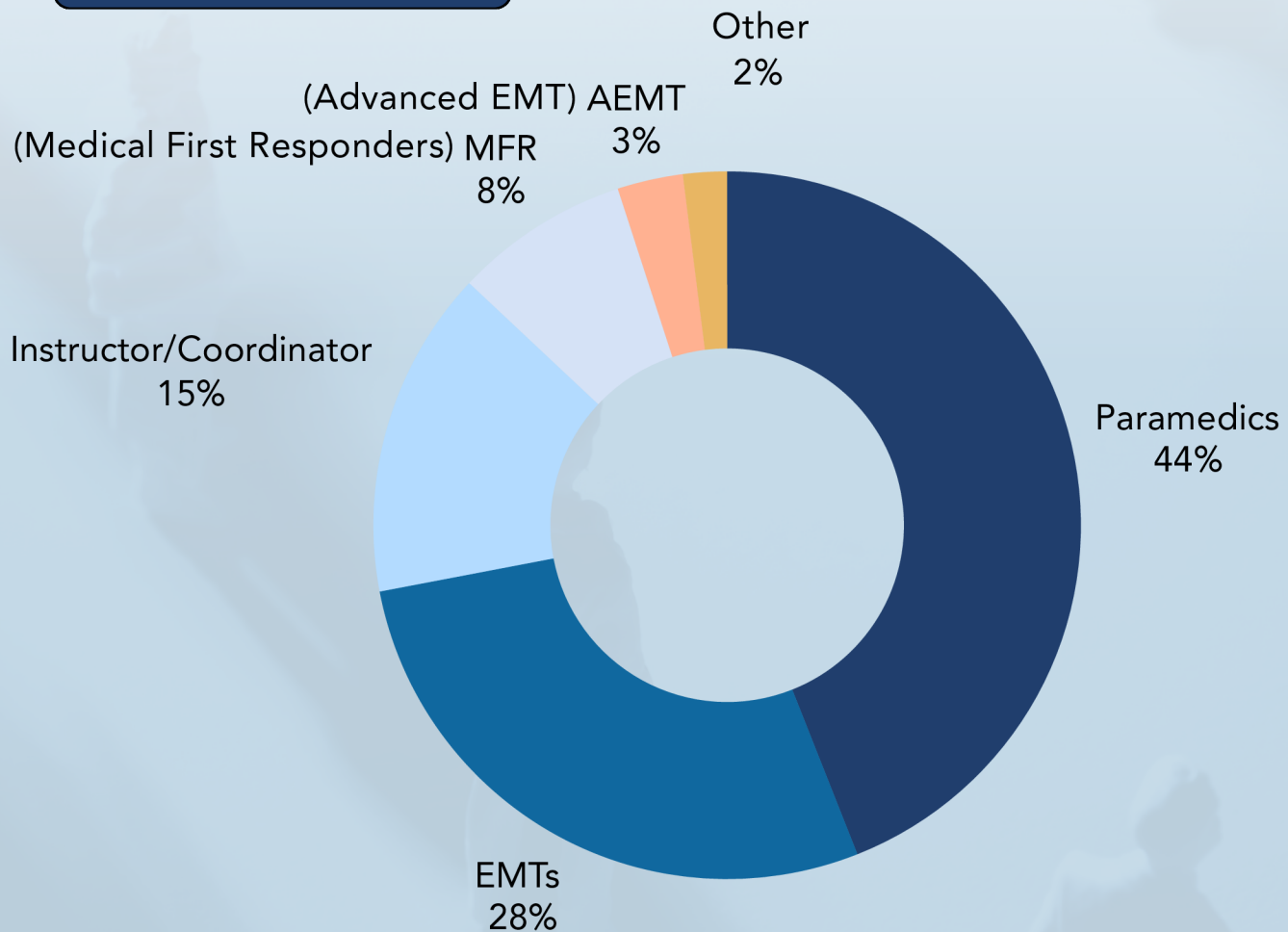
Dependent on
volunteers and mixed-
structure agencies;
often underfunded
and geographically
isolated



CERTIFICATION, WORKLOAD, AND EMPLOYMENT STRUCTURE

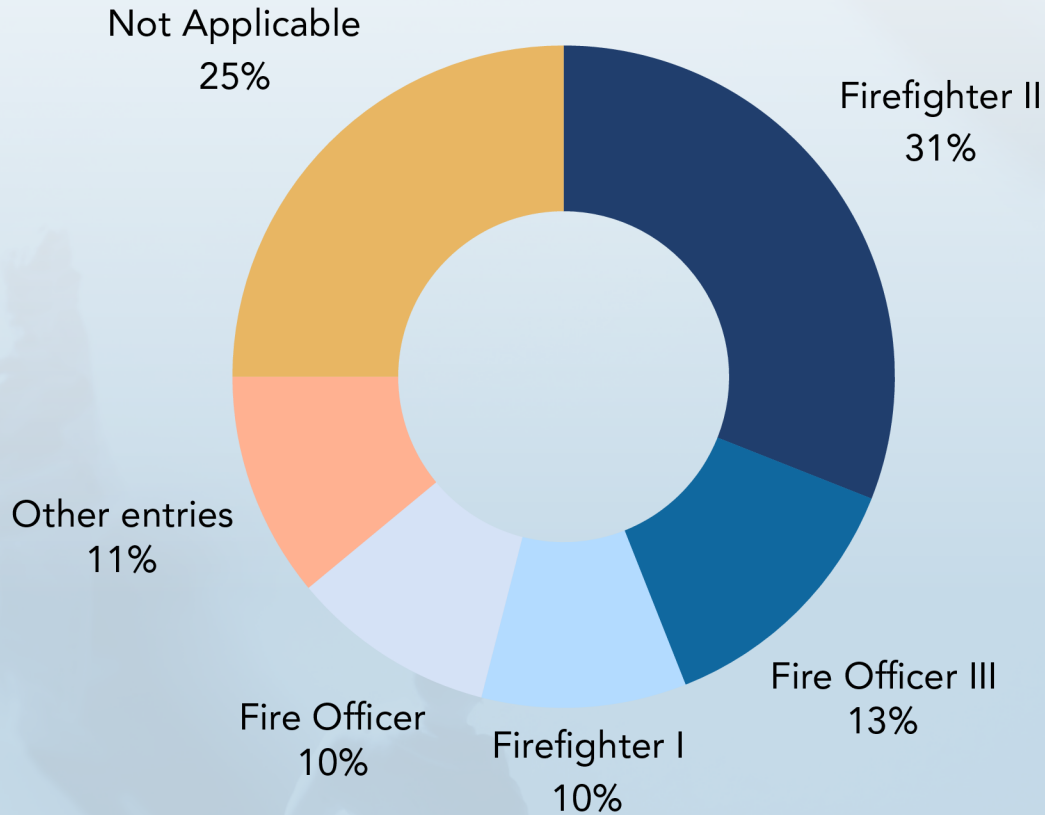
Certification Breakdown

EMS Certification:



- 44% Paramedics
- 28% EMTs
- 15% Instructors/Coordinators
- 8% MFR (Medical First Responders)
- 3% A-EMT (Advanced EMT)
- 2% other

Fire Certification:



- 31% Firefighter II
- 13% Fire Officer III
- 10% Firefighter I
- 09% Fire Officer II
- 11% Other entries
- 25% Not Applicable

Years of Experience

- Licenses issued as far back as 1990
- Clusters in recent certifications (2014–2024) suggest new professionals entering or recertifying, particularly in urban zones with larger training institutions

760 additional responses came from other counties across the state.
23 responses were noted as out-of-state or no response was given.

The following counties were categorized as urban: Wayne, Oakland, Kent, Genesee, Ottawa, and Washtenaw; Macomb was categorized as suburban and Alpena is distinctly rural. This distribution indicates that while the survey gathered significant input from rural providers, most responses were from EMS personnel working in urban or suburban areas, reflecting both densely populated systems and more isolated service zones.

On-Duty Exposure

- ☒ Urban: More likely to experience daily or weekly life-threatening calls
- ☒ Rural: Face high trauma exposure, but often rely on on-call systems with fewer overlapping personnel
- ☒ 33% Encounter life-threatening events weekly
- ☒ 13% Encounter life-threatening events daily

Job Satisfaction

- ☒ **Agency satisfaction:** 64% Satisfied or Very Satisfied
- ☒ **Career satisfaction:** 74% are satisfied overall, but satisfaction is slightly lower in rural areas

STRESS, BURNOUT, AND IMPACT ON PERSONAL LIFE

Exposure to Trauma & Emotional Stress

- ☒ **66%** Experienced traumatic/distressing events in the past six months
- ☒ **93%** Witnessed death or serious injury while on duty
- ☒ **54%** Reported that work negatively affects their personal life

Burnout

- ☒ **38%** Sometimes feel burnout
- ☒ **30%** Rarely or never feel burnout
- ☒ **23%** Often feel burnout
- ☒ **9%** Always feel burnout

Sources of stress:

- ☒ **Fatigue (17%)**
- ☒ **Leadership issues (13%)**
- ☒ **Lack of time with family/friends (12%)**
- ☒ **Administrative overload (11%)**

Recovery

- ☒ **63%** of respondents overall stated they have adequate downtime, yet rural personnel more often report inadequate rest between shifts

Coping mechanisms:

- Time with family/friends 19%
- Outdoor activity (18%)
- Sleep (18%)
- Hobbies and exercise (combined 28%)

Nearly 70% of respondents noted having healthy boundaries between work and leisure time. When asked whether they had ever felt isolated or unsupported in managing their mental health within the EMS profession, 57% of respondents said no, indicating they felt adequately supported. However, a significant 43% reported feeling isolated or unsupported, highlighting a substantial portion of the workforce that experiences emotional disconnection or lack of resources.

This split reveals that while progress may be underway in some agencies or regions, there is still a critical need to strengthen mental health support systems, reduce stigma, and ensure consistent access to peer networks, counseling, and leadership engagement, particularly in high-stress or under-resourced environments.

Nutrition and Sleep Impacts

- 18% reported sleep disturbances
- 12% linked improper nutrition to job demands
- 17% experienced burnout and persistent stress

Preparedness to Cope Emotionally

- 86% feel prepared
- 14% stated that they do not feel prepared; this was mostly rural staff with fewer agency-provided resources.

MENTAL HEALTH, STIGMA, AND SUICIDE RISK

Diagnosed Mental Health Conditions

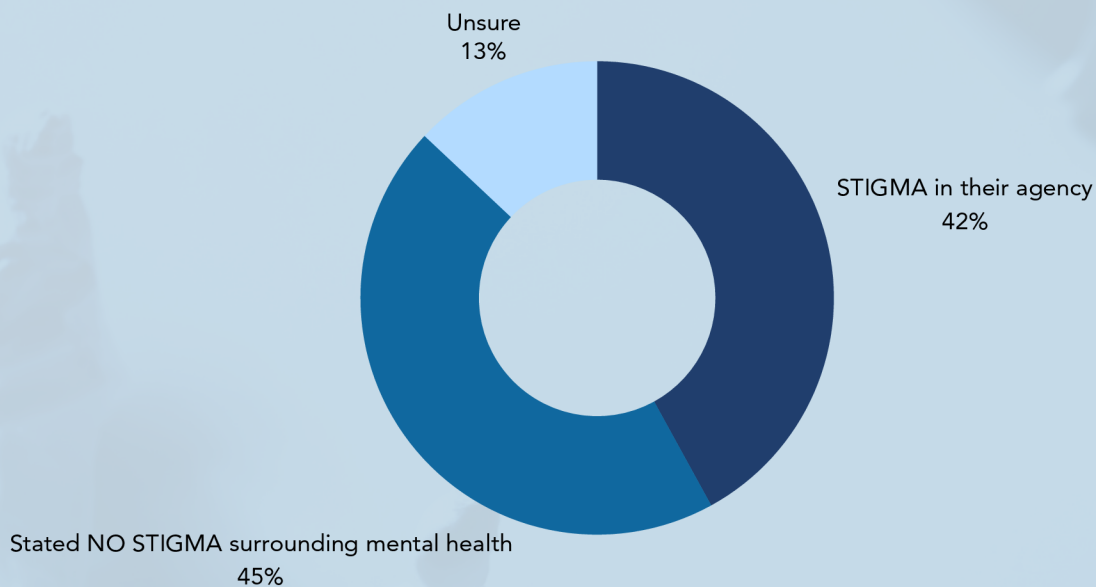
- 38% of survey respondents have been diagnosed with a mental health condition; some with co-occurring conditions:
- Anxiety 24%
 - Depression 24%
 - PTSD 17%
 - Stress 12%
 - Sleep disruption 10%
 - Other 14%
 - Prefer not to answer or unsure if there was a diagnosis 5%

Professional help-seeking behavior among respondents was nearly evenly divided, with 52% having sought assistance and 48% indicating they had not. When asked about their likelihood of seeking help if they noticed signs of declining mental health, 58% stated they would be likely or very likely to do so. However, nearly 24% were unsure, and approximately 19% reported they would be unlikely or very unlikely to seek professional support.

These findings suggest that while many respondents are open to seeking help, a significant portion of the EMS workforce remains hesitant or uncertain, underscoring the need for ongoing education, stigma reduction, and proactive outreach.

STIGMA AND BARRIERS

Stigma and Barriers



- 42% report there **IS STIGMA** in their agency
- 45% report there is **NO STIGMA** around mental health in their agency
- 13% were unsure if there were stigmas or barriers in their respective agencies

Over a third (33%) believed suicide prevention resources are insufficient in their region.

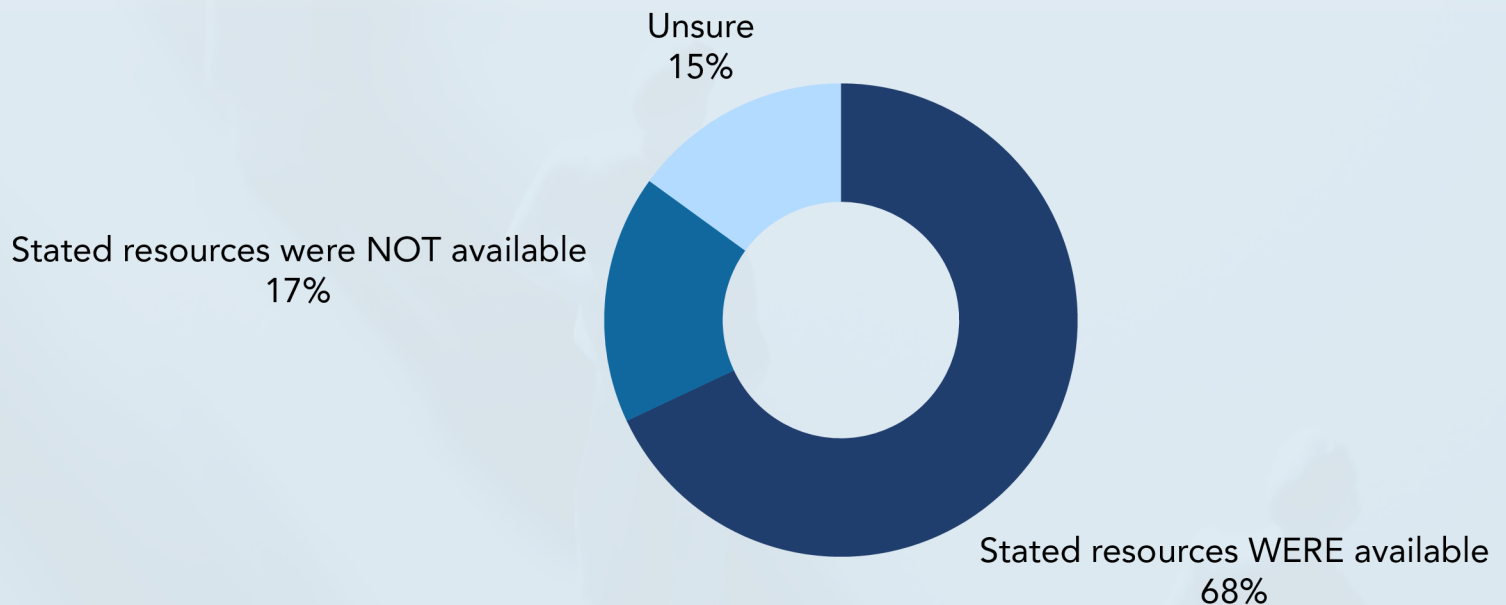
Respondents cited the following barriers to accessing services

- ☒ Lack of access to therapists
- ☒ Confidentiality concerns in small communities
- ☒ Fewer agency EAPs or wellness check-ins

Comfort Discussing Mental Health

- ☐ Would discuss with coworkers: 62%
- ☐ Would not discuss with supervisors: 38%
- ☐ Not sure if they would discuss with supervisors: 11%
- ☐ Would not discuss with co-workers: 24%
- ☐ Were unsure if they would discuss with co-workers: 14%

Availability of Resources



- **68%** Stated resources were available
- **17%** Stated resources were not available
- **15%** Were unsure if resources were available



A majority of respondents (68%) indicated they were aware of mental health resources available to them, such as crisis helplines or EMS-specific support services. An additional 15% reported being unsure, while 17% stated they were not aware of any such services.

Following up on resource awareness, respondents were asked to identify barriers they had encountered when attempting to access mental health care. Only 15% reported experiencing no barriers and 12% stated they had not needed to access services. The most cited barriers included scheduling conflicts (17%), financial constraints (18%), and other unspecified reasons (22%). Additionally, 15% reported experiencing stigma as a barrier to accessing care. This question received 2,018 responses, suggesting that some participants selected more than one barrier. A total of 41 respondents left the question blank.

Over the past year, respondents accessed a range of support services, including in-person therapy (32%), peer support (26%), telehealth services (16%), clergy (10%), Employee Assistance Programs (7%), and phone support lines (3%). A combined 6% reported using none of the listed services or selected "other." This question garnered 831 responses, with 611 left unanswered, indicating that some respondents chose multiple options.

For those who answered "No" to Question 36 (See Appendix 2), the most cited reason for not accessing services was no perceived need (53%). Other reasons included cost or financial concerns (11%), unspecified "other" reasons (11%), concerns about confidentiality and stigma (9%), lack of time (9%), and uncertainty about the usefulness of available services (8%). This question received 853 responses, with 517 left blank, again suggesting that some respondents selected more than one reason.

Suicide Exposure: EMS-Related

When asked if they had ever contemplated suicide because of an EMS job-related event:

- ☒ 9% have contemplated suicide due to an **EMS-related** event
- ☒ 24% due to **non-work-related** personal issues

Exposure to Suicide: On and Off Duty

- ☒ 49% know a colleague who has attempted suicide
- ☒ 51% know someone in EMS who died by suicide

When asked if they had ever contemplated suicide due to an EMS-related event, most respondents (86%) reported no. However, approximately 14% either answered yes or chose not to respond, indicating that a notable minority may be experiencing significant mental health challenges related to their role in EMS.

While a minority of respondents (9%) reported contemplating suicide due to an EMS-related event, a significantly larger portion (24%) indicated they had considered suicide because of non-work-related personal issues. This suggests that while the demands of EMS work can be a contributing factor to mental health struggles, personal life stressors may play an even more prominent role in suicidal ideation among EMS professionals. Additionally, 49% reported knowing a colleague who has attempted suicide, and 51% knew someone in EMS who died by suicide, highlighting the profound impact of suicide exposure within the profession. These findings underscore the urgent need for holistic mental health support systems that address both professional and personal challenges faced by EMS personnel.

Suicide Exposure: Non-EMS Related

When asked if they had ever contemplated suicide because of a non-job-related event:

- ☒ 70% said no
- ☐ 24% said yes
- ☐ 7% preferred not to answer

Suicide Exposure: Non-EMS Related, Colleague

- ☒ 75% know how to respond if they or a colleague experiences a crisis
- ☐ 25% are unsure or unaware of how to respond, showing a clear training gap

SOLUTIONS, TRAINING, AND POLICY RECOMMENDATIONS

Mental Health Access & Barriers

- **Resources available:** 68% said that they felt there were adequate resources available to them
- **Barriers to access:**
 - Cost/insurance (18%)
 - Scheduling conflicts (17%)
 - Stigma (15%)
 - Geographic distance (notably among rural EMS personnel) (18%)

Training & Services Utilization

- 46% attended mental health training provided within their agency
- 42% attended mental health training outside their agency
- Services used in the past year:
 - In-person therapy (32%)
 - Peer support (26%)
 - Telehealth (16%)
 - Clergy (10%)
 - EAP (7%)
 - Other (9%)

Noted: Agency Engagement

- What agencies are doing well:
 - Training (**18%**)
 - Positive work environment (**16%**)
 - Supportive management (**15%**)

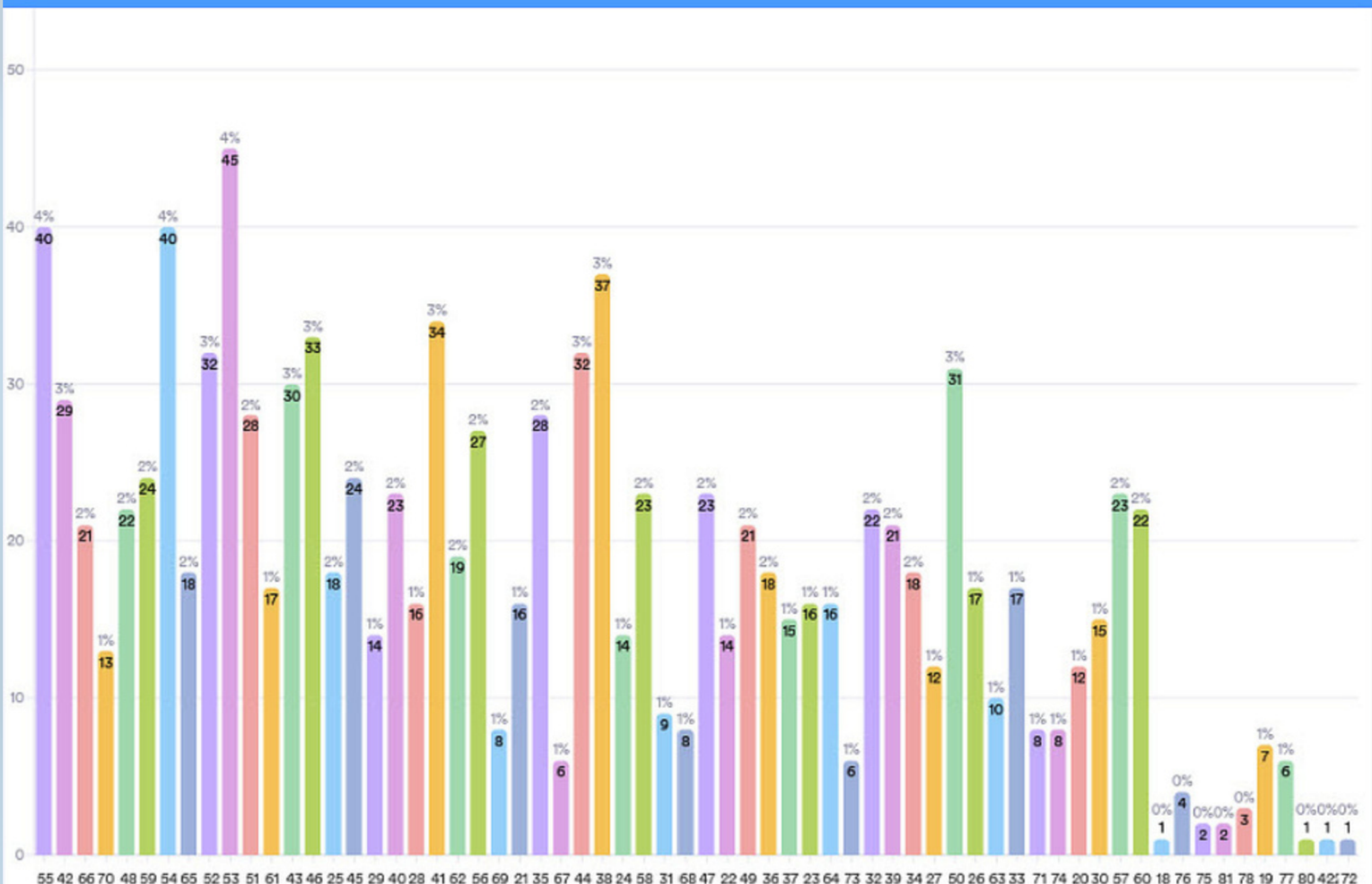
Turnover Concerns

- When asked if they considered leaving their agency in the next 5 years:
 - 44% are considering leaving in the next 5 years
 - 35% are not considering leaving in the next 5 years
 - 21% are unsure
- Primary reasons:
 - Retirement (37%)
 - Other non-specified reasons
 - Administrative/management 13%
 - Benefits/pay 12%
 - Career change 11%
 - Career advancement 10%

APPENDIX 1:

AGE DEMOGRAPHICS

AGE OF SURVEY RESPONDENTS - URBAN AND RURAL COMBINED





APPENDIX 2:

SURVEY QUESTIONS

PLEASE CONTINUE TO THE FOLLOWING PAGE FOR THE SURVEY INSTRUMENT

Rural & Urban EMS Survey

Michigan EMS professionals are encouraged to participate in a survey addressing challenges to mental wellness. Conducted by the Michigan Rural EMS Network with support from the Michigan Health Endowment Fund, this survey aims to improve resources and support for EMS teams. The survey takes about 3-5 minutes, and participation is voluntary, anonymous, and confidential. This survey is not intended to diagnose or treat medical or psychological conditions. For immediate support, contact the National Suicide Prevention Lifeline at 988, text HOME to 741741 for the Crisis Text Line, or call the Frontline Strong Together 24/7 - first responder helpline at 833-347-8766.

Gender

Please Select

Age

What is your current relationship status?

- ☐ Single
- ☐ Married
- ☐ Divorced
- ☐ Widowed
- ☐ Domestic Partnership
- ☐ Other

How would you rate this current relationship?

- ☐ Very satisfied
- ☐ Satisfied
- ☐ Neutral
- ☐ Unsatisfied
- ☐ Very unsatisfied

What is your primary occupation?

- ☐ Fire/EMS Field Supervisor
- ☐ Firefighter
- ☐ Fire/EMS Management
- ☐ Other Healthcare Professional
- ☐ Other occupation
- ☐ Not currently employed

What is your level of certification for Fire?

- ☐ Firefighter I
- ☐ Firefighter II
- ☐ Fire Officer I
- ☐ Fire Officer II
- ☐ Fire Officer III
- ☐ Fire Officer IV
- ☐ Not Applicable

In what year did you receive your Fire Fighter certification?

What is your level of certification to license for EMS?

- ☐ MFR (Medical First Responder)
- ☐ EMT (Emergency Medical Technician)
- ☐ AEMT (Advanced EMT)
- ☐ Paramedic (EMTP)
- ☐ Instructor/Coordinator
- ☐ Other

In what year were you licensed as an EMS practitioner?

What is the zip code for the primary agency where you provide services?

Please provide the name of the county of the primary agency where services are provided. Fill in the blank.

What is your agency structure? (If you work for more than one agency, consider your PRIMARY agency)

- ☐ Volunteer Only
- ☐ Career Only
- ☐ Combination/Mostly Volunteers
- ☐ Combination/Mostly Career

How would you rate your level of satisfaction with your current agency?

- ☐ Very Satisfied
- ☐ Satisfied
- ☐ Neutral
- ☐ Dissatisfied
- ☐ Very Dissatisfied

How would you rate your level of satisfaction with your overall career?

- ☐ Very Satisfied
- ☐ Satisfied
- ☐ Neutral
- ☐ Dissatisfied
- ☐ Very Dissatisfied

During a typical work shift, how frequently do you encounter life-threatening situations?

- ☐ Daily
- ☐ Weekly
- ☐ Monthly
- ☐ Rarely

Have you experienced a distressing or traumatic event in the past 6 months?

- ☐ Yes
- ☐ No

Do you feel prepared to handle the emotional aftermath of traumatic events?

- ☐ Yes
- ☐ No

How often do you feel overwhelmed by the severity or volume of calls?

- ☐ Daily
- ☐ Weekly
- ☐ Monthly
- ☐ Rarely

Have you witnessed the death or serious injury of an individual while on duty?

- ☐ Yes
- ☐ No

How confident are you in your ability to recover emotionally after traumatic events?

- ☐ Completely confident
- ☐ Confident
- ☐ Not sure
- ☐ Less confident
- ☐ Not at all confident

How would you rate your on-the-job stress level?

- ☐ No Stress
- ☐ Occasional stress
- ☐ Not sure
- ☐ Stressed
- ☐ Overwhelmed

What are the primary sources of stress in your job role? (Check all that apply)

- | | |
|--|--|
| <input type="checkbox"/> Shift work and rotating schedules | <input type="checkbox"/> Overtime and job demands |
| <input type="checkbox"/> Risk of being injured | <input type="checkbox"/> Paperwork administrative duties |
| <input type="checkbox"/> Occupational health issues | <input type="checkbox"/> Social life limitations |
| <input type="checkbox"/> Leadership | <input type="checkbox"/> Less time with family/friends |
| <input type="checkbox"/> Observing traumatic events | <input type="checkbox"/> Fatigue |

Do you feel that your job negatively impacts your personal life when you are not working?

- ☐ Yes
- ☐ No

If you answered YES to #9, how does it affect your personal life? (Check all that apply)

- | | |
|---|---|
| <input type="checkbox"/> Relationship Concerns | <input type="checkbox"/> Loss of Meaning or Purpose |
| <input type="checkbox"/> Burnout and Stress | <input type="checkbox"/> Sleep Disturbance |
| <input type="checkbox"/> Improper Nutrition | <input type="checkbox"/> Financial Concerns |
| <input type="checkbox"/> Substance Use | <input type="checkbox"/> Physical Health Concerns |
| <input type="checkbox"/> Mental Health Concerns | <input type="checkbox"/> Other <input type="text"/> |

Do you have enough downtime between shifts to recover, unwind, or decompress?

- ☐ Yes
- ☐ No

How often do you feel symptoms of burnout (e.g., exhaustion, irritability, or reduced motivation)?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ Often
- ☐ Always

What methods or activities do you use to manage stress and recover after a shift? (Check all that apply)

- | | |
|---|---|
| <input type="checkbox"/> Physical exercise | <input type="checkbox"/> Sleep |
| <input type="checkbox"/> Have a beer or glass of wine | <input type="checkbox"/> Pursue a hobby |
| <input type="checkbox"/> Spend time with family/friends | <input type="checkbox"/> Spend time outdoors |
| <input type="checkbox"/> Practice yoga or meditation | <input type="checkbox"/> Mindfulness or relaxation techniques |

Have you ever been diagnosed with a mental health condition?

- ☐ Yes
☐ No
☐ Not sure
☐ Prefer Not to Answer

If you answered YES to #14, what was the diagnosis? (Check all that apply)

- | | |
|--|---|
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Post Traumatic Stress | <input type="checkbox"/> Bipolar (Mania Hyper-Activity) |
| <input type="checkbox"/> Sleep Disruption | <input type="checkbox"/> Diet and eating Issues |
| <input type="checkbox"/> Substance use | <input type="checkbox"/> Stress |
| <input type="checkbox"/> Prefer Not To Answer | <input type="checkbox"/> Other <input type="text"/> |

Have you ever sought professional help for stress, trauma, or any mental health concerns?

- ☐ Yes
☐ No

Do you feel comfortable discussing mental health challenges with your coworkers?

- ☐ Yes
☐ No
☐ Not sure

Do you feel comfortable discussing mental health challenges with your immediate supervisor?

- ☐ Yes
☐ No
☐ Not sure

Are mental health resources, such as counseling, Employee Assistance Programs (EAP), or peer support, available and easily accessible at your workplace?

- ☐ Yes
☐ No
☐ Not sure

Do you feel there is any stigma around mental health in your workplace?

- ☐ Yes
☐ No
☐ Not sure

Have you established healthy boundaries between work and leisure time?

- ☐ Yes
- ☐ No

Have you ever felt isolated or unsupported in managing your mental health in EMS?

- ☐ Yes
- ☐ No

How likely are you to seek professional help if you notice signs of declining mental health?

- ☐ Very likely
- ☐ Likely
- ☐ Not sure
- ☐ Unlikely
- ☐ Very unlikely

Have you ever contemplated suicide because of an EMS JOB-RELATED event?

- ☐ Yes
- ☐ No
- ☐ Prefer Not To Answer

Have you ever contemplated suicide because of a NON-JOB-RELATED event?

- ☐ Yes
- ☐ No
- ☐ Prefer Not To Answer

In your EMS role, do you know a colleague who has attempted suicide?

- ☐ Yes
- ☐ No

If you answered Yes, how many?

In your EMS role, do you know a colleague who has talked about wanting to hurt or kill themselves?

- ☐ Yes
- ☐ No

If you answered Yes, how many?

Do you know a colleague within EMS who has died by suicide?

- ☐ Yes
- ☐ No

If you answered Yes, how many?

Are there sufficient suicide prevention resources available for EMS professionals in your geographical area?

- ☐ Yes
- ☐ No
- ☐ Not sure

If you or a colleague were experiencing a mental health crisis, do you know how to assist them or seek help for yourself?

- ☐ Yes
- ☐ No
- ☐ Not sure

Are you aware of any crisis helplines or support services for EMS?

- ☐ Yes
- ☐ No
- ☐ Not sure

What barriers have you experienced, if any, with accessing mental health care? (Check all that apply)

- | | |
|---|---|
| <input type="checkbox"/> I have not experienced any | <input type="checkbox"/> Financial |
| <input type="checkbox"/> Scheduling | <input type="checkbox"/> Stigma |
| <input type="checkbox"/> Lack of knowledge | <input type="checkbox"/> Travel or Time Constraints |
| <input type="checkbox"/> I haven't needed to access | <input type="checkbox"/> Other <input type="text"/> |

In the past year, have you accessed any of the following services? (Check all that apply)

- | | |
|---|--|
| <input type="checkbox"/> In-person therapy | <input type="checkbox"/> Employee Assistance Program (EAP) |
| <input type="checkbox"/> Telehealth support | <input type="checkbox"/> Peer support |
| <input type="checkbox"/> Phone support line | <input type="checkbox"/> Clergy |
| <input type="checkbox"/> Other <input type="text"/> | |

If you answered NO, why haven't you accessed any of these services?

- ☐ I did not need services
- ☐ Unsure if services existed
- ☐ Unsure if services would be helpful
- ☐ Concerned about confidentiality and stigma
- ☐ Services are not available or convenient in my area
- ☐ Cost/Financial
- ☐ I don't have time to go
- ☐ Other

Have you attended any employee mental health training provided by your agency?

- ☐ Yes
- ☐ No
- ☐ Not sure

Have you attended any employee mental health training provided by an agency other than yours?

- ☐ Yes
- ☐ No
- ☐ Not sure

What suggestions do you have to make mental health care more accessible for First Responders, specifically EMS?

Type in your response

Are you considering leaving your agency in the next 5 years?

- ☐ Yes
- ☐ No
- ☐ Not sure

If you answered YES or Not Sure, what is or would be the primary reason? (Choose one)

- | | |
|---|---|
| <input type="checkbox"/> Career/advancement | <input type="checkbox"/> Career change |
| <input type="checkbox"/> Benefits/pay | <input type="checkbox"/> Job demands |
| <input type="checkbox"/> Work conditions | <input type="checkbox"/> Administration/Management |
| <input type="checkbox"/> Retirement | <input type="checkbox"/> Other <input type="text"/> |

What is your agency doing well to strengthen and improve the work environment? (Check all that apply)

- | | |
|--|---|
| <input type="checkbox"/> Good management | <input type="checkbox"/> Promotes team attitude |
| <input type="checkbox"/> Positive work environment | <input type="checkbox"/> Competitive pay/benefits |
| <input type="checkbox"/> Opportunities for advancement | <input type="checkbox"/> Training and education options |
| <input type="checkbox"/> Nothing | <input type="checkbox"/> Prefer Not To Answer |
| <input type="checkbox"/> Other <input type="text"/> | |

What could your agency do to improve support for mental health?

Type in your response

Please provide any additional suggestions in which mental health care for EMS professionals can be improved?

Type in your response

We will conduct a random drawing of eligible completed surveys for five (5) \$200 Amazon gift cards. Please provide your email address and phone number if you wish to be included in the drawing. Contact information will only be used to notify winners and will not be linked to survey responses, maintaining anonymity. Only licensed Michigan EMS professionals are eligible for the drawing; one entry per person is allowed. Contact information will be securely stored and immediately deleted after the drawing is complete.

example@example.com

Phone Number

Please enter a valid phone number.

Submit